Whisper Test

Name Date

A Whisper Test typically refers to a simple medical examination that assesses a person's ability to hear spoken words at a normal or near-normal level. It is also known as the Whispered Voice Test or the Whispered Voice Examination.

Instructions

- 1. Find a quiet and comfortable area where you can conduct the whisper test. Minimizing background noise is important to obtain accurate results.
- 2. Invite the patient to sit or stand at a comfortable distance from you. Make sure you have good visibility of their face and mouth.
- 3. Ask the patient to cover or block one of their ears with their hand. This step helps isolate the ear being tested and prevents any sound leakage.
- 4. Stand about one to two feet away from the patient, ensuring that they can clearly see your face. This proximity is crucial for them to hear your whispers effectively.
- 5. Lower your voice to a gentle whisper and start saying a series of number-letter phrases, such as 8-M-3, K-5-R, 2-J-7, and S-4-G.
- 6. After whispering each combination, give the patient a few seconds to process what they heard and respond. Encourage them to repeat the combination out loud or indicate by nodding or pointing if they understood.
- 7. Once you have tested one ear, ask the patient to switch and cover the other ear while you repeat the process for the other side.
- 8. If the patient doesn't succeed, try again with a different combination of numbers and letters. If, after a second attempt, the patient correctly identifies a total of 3 letters and/or numbers, it is considered a passing result.

Reminders

- Speak in a gentle whisper consistently throughout the test.
- Allow the patient enough time to process and respond to each word.
- Test each ear separately by having the patient cover one ear at a time.
- Provide clear feedback and refer the patient for further evaluation if needed.

Additional notes