Vertigo Test

Patient Information:

Name: Peter Sands

Date of Birth: 05/15/1980

Gender: (•) Male ( ) Female ( ) Other:

Contact Information: petersands@email.com, Phone: (555) 123-4567

Medical History:

Previous history of vertigo or balance disorders:

( ) Yes

(•) No

History of head trauma or ear disorders:

( ) Yes

(•) No

Any recent changes in hearing or tinnitus:

( ) Yes

(•) No

Any other relevant medical conditions:

Hypertension (controlled with medication)

Symptoms Checklist:

Please indicate the frequency and severity of the following symptoms experienced in the past month:

1. Spinning sensation (vertigo):

( ) None

( ) Mild (occasional)

(•) Moderate (frequent)

( ) Severe (daily)

2. Abnormal eye movements (nystagmus):

- ○ None
- ○ Occasionally noticed
- ◉ Frequently noticed
- ○ Always present

3. Balance problems:

- ○ None
- ◉ Mild (occasional unsteadiness)
- ○ Moderate (difficulty walking)
- ○ Severe (falls or loss of balance)

4. Nausea or vomiting associated with vertigos:

- ○ None
- ◉ Mild (rarely)
- ○ Moderate (occasionally)
- ○ Severe (frequent)

5. Sensitivity to movement or changes in head position:

- ○ None
- ◉ Mild (occasional dizziness)
- ○ Moderate (discomfort with specific movements)
- ○ Severe (difficulty with daily activities)

6. Hearing loss or tinnitus:

- ○ None
- ◉ Occasionally noticed
- ○ Frequently noticed
- ○ Always present

Diagnostic Tests:

Based on the symptoms reported, the following diagnostic tests may be indicated:

- [x] Dix-Hallpike maneuver
- [x] Head impulse test
- [x] Audiometric tests
- [x] MRI scan
- [ ] Other tests as deemed necessary by the healthcare provider

Interpretation:

- Results indicate moderate peripheral vertigo, likely associated with benign paroxysmal positional vertigo (BPPV).
- Nystagmus observed during Dix-Hallpike maneuver.
- Audiometric tests reveal normal hearing.
- MRI scan shows no evidence of central nervous system abnormalities.

Follow-up:

- Canalith repositioning procedure to address BPPV.
- Vestibular rehabilitation exercises to improve balance and reduce sensitivity to head movements.
- Prescription for anti-nausea medication to manage mild nausea during vertigo episodes.
- Follow-up appointment scheduled in two weeks to assess treatment response.
- Patient advised to contact the office if symptoms worsen or if new concerns arise before the scheduled follow-up.