

Vagus Nerve Damage Test

Patient History & Symptoms

Patient Name:

Age:

Gender: Male Female Other:

Date:

Symptom Checklist

Tick the boxes if the patient reports experiencing any of the following symptoms indicative of potential vagus nerve damage:

Gastrointestinal issues (nausea, abdominal pain, bloating, changes in bowel habits)

Remarks:

Dysphagia or significant changes in eating habits

Remarks:

Breathing difficulties without identified cause

Remarks:

Rapid heart rate or palpitations

Remarks:

Voice alterations (hoarseness, vocal fatigue)

Remarks:

Mood variations, severe stress

Remarks:

Episodes of fainting or dizziness

Remarks:

Physical Examination

Examination Areas:

Cardiovascular:

- Irregular heartbeats detected
- Abnormal rest heart rate/blood pressure

Remarks:

Respiratory:

- Breathing pattern irregularities
- Abnormal lung function

Remarks:

Gastrointestinal:

- Signs of gastroparesis or other abnormalities

Remarks:

Larynx & Pharynx:

- Vocal cord dysfunction
- Swallowing reflexes affected

Remarks:

Diagnostic Tests

Note which diagnostic tests have been ordered or conducted, along with any relevant observations.

Blood Tests:

- CBC, metabolic panel, thyroid functions

Remarks:

Cardiology Tests:

- ECG, Holter monitor

Remarks:

Pulmonary Tests:

- Respiratory function tests

Remarks:

Gastrointestinal Tests:

- Upper GI endoscopy, gastric emptying study

Remarks:

Neurological Tests:

- Laryngoscopy, MRI or CT scans

Remarks:

Vagal Stimulation Tests

Gag Reflex Test:

- Observed gag reflex

Remarks:

Cough Reflex Test:

- Observed cough reflex

Remarks:

Heart Rate Variability Test:

- Changes in heart rate with breathing

Remarks:

Referral

If vagus nerve damage is suspected, note any specialist referrals here:

Referred to Neurologist:

Date / Notes:

Referred to Gastroenterologist:

Date / Notes: