

# Two-Point Discrimination Test

Patient's name: \_\_\_\_\_ Date: \_\_\_\_\_

Examiner: \_\_\_\_\_

## Purpose

The main purpose of the Two-Point Discrimination Test is to evaluate an individual's sensory perception and discrimination ability. It helps determine if there are any deficits in touch sensation, such as numbness, tingling, or loss of sensitivity.

## Material

A two-point discriminator, caliper, or paper clip.

## Procedure

1. Select an area with high tactile sensitivity, such as the fingertips or lips.
2. Apply the two points to the skin.
3. Ask the patient to report whether they feel one or two distinct points.
4. Gradually decrease the distance between the two points.
5. Continue until the patient can no longer reliably distinguish the two points.

## Two-point discrimination thresholds

- Normal threshold for fingertips: 2-8 mm
- Normal threshold for palms: 8-12 mm
- Normal threshold for lips: 2-4 mm
- Normal threshold shins or back: 30-40mm

**Body part tested:**

**Two-point threshold:**

## Additional notes

## Healthcare professional's information

**Name:**

**License number:**

**Contact number:**

**Signature:**