

# Telemedicine Physical Exam

## Introduction

- Greet the patient warmly and ensure the audio and video connections are clear.
- Confirm the patient's identity and consent for the telemedicine physical exam.
- Briefly explain the purpose and process of the telemedicine physical exam.

## Patient Information

Name:

Date of Birth:

Medical History:

Medications:

Allergies:

Preferred Pharmacy:

Emergency Contact:

## General Assessment

### 1. Appearance

- Ask the patient to position the camera to provide a clear view of their face and overall appearance.

Observations/Notes:

### 2. Vital Signs

- Instruct the patient on how to measure and report vital signs.

Observations/Notes:

HR: \_\_\_\_\_ BP: \_\_\_\_\_ RR: \_\_\_\_\_ Temp: \_\_\_\_\_

### 3. Symptom Review

- Discuss the patient's chief complaint and any specific symptoms.

Patient Statements/Notes:

### 4. Functional Assessment

Range of Motion (ROM):

- Instruct the patient to perform joint movements.

Observations/Notes:

### 5. Muscle Strength

- Guide the patient through muscle strength tests.

Observations/Notes:

### 6. Neurological Assessment

- Conduct basic neurological assessments.

Observations/Notes:

### 7. Specific System Review

- Guide the patient through specific examinations related to the affected system.

Observations/Notes:

### **8. Medication Review**

- Discuss the patient's current medications.

Observations/Notes:

### **9. Review of Labs or Imaging**

- Discuss any recent laboratory results or imaging studies.

Observations/Notes:

### **10. Follow-up and Recommendations**

- Provide a summary of the telemedicine physical exam findings.
- Discuss treatment plans, prescriptions, and recommendations.

Observations/Notes:

### **11. Closing**

- Thank the patient for their time and participation.
- Address any additional questions or concerns.
- Confirm the next steps in the patient's care plan.

Notes: