

Telemedicine Physical Exam

Introduction

- Greet the patient warmly and ensure the audio and video connections are clear.
- Confirm the patient's identity and consent for the telemedicine physical exam.
- Briefly explain the purpose and process of the telemedicine physical exam.

Patient Information

Name:

Date of Birth:

Medical History:

Medications:

Allergies:

Preferred Pharmacy:

Emergency Contact:

General Assessment

1. Appearance

- Ask the patient to position the camera to provide a clear view of their face and overall appearance.

Observations/Notes:

2. Vital Signs

- Instruct the patient on how to measure and report vital signs.

Observations/Notes:

HR: _____ BP: _____ RR: _____ Temp: _____

3. Symptom Review

- Discuss the patient's chief complaint and any specific symptoms.

Patient Statements/Notes:

4. Functional Assessment

Range of Motion (ROM):

- Instruct the patient to perform joint movements.

Observations/Notes:

5. Muscle Strength

- Guide the patient through muscle strength tests.

Observations/Notes:

6. Neurological Assessment

- Conduct basic neurological assessments.

Observations/Notes:

7. Specific System Review

- Guide the patient through specific examinations related to the affected system.

Observations/Notes:

8. Medication Review

- Discuss the patient's current medications.

Observations/Notes:

9. Review of Labs or Imaging

- Discuss any recent laboratory results or imaging studies.

Observations/Notes:

10. Follow-up and Recommendations

- Provide a summary of the telemedicine physical exam findings.
- Discuss treatment plans, prescriptions, and recommendations.

Observations/Notes:

11. Closing

- Thank the patient for their time and participation.
- Address any additional questions or concerns.
- Confirm the next steps in the patient's care plan.

Notes: