

# Squish Test

Patient information	
Name:	
Date of birth:	
Age:	
Sex:	Male      Female
Date of test:	
Procedure	
<ol style="list-style-type: none"><li>1. Have the patient lie on their side with the affected sacroiliac joint facing upward.</li><li>2. Push inward at a 45-degree angle on both to engage the tissue. This compresses the sacroiliac joint.</li><li>3. While maintaining the the position on one side, on the opposite side continue to overpress in order to determine the mobility of the joint.</li><li>4. Note any signs of discomfort, pain, or resistance during the test. Repeat on the opposite side for comparison.</li></ol>	
Interpretation	
<input type="checkbox"/> <b>Positive test:</b> The test is positive if less motion is noted on one side compared to the other.	
<input type="checkbox"/> <b>Negative test:</b> No pain or discomfort was felt on either side.	
Clinician's notes	
Healthcare professional's information	
Name:	
License number:	
Contact details:	
Signature:	