

Squish Test

Patient information	
Name:	
Date of birth:	
Age:	
Sex:	Male Female
Date of test:	
Procedure	
<ol style="list-style-type: none">1. Have the patient lie on their side with the affected sacroiliac joint facing upward.2. Push inward at a 45-degree angle on both to engage the tissue. This compresses the sacroiliac joint.3. While maintaining the the position on one side, on the opposite side continue to overpress in order to determine the mobility of the joint.4. Note any signs of discomfort, pain, or resistance during the test. Repeat on the opposite side for comparison.	
Interpretation	
<input type="checkbox"/> Positive test: The test is positive if less motion is noted on one side compared to the other.	
<input type="checkbox"/> Negative test: No pain or discomfort was felt on either side.	
Clinician's notes	
Healthcare professional's information	
Name:	
License number:	
Contact details:	
Signature:	