

Social Intelligence Test

Name:

Date:

This test is designed to assess your ability to understand and navigate social situations. Please answer each question honestly and to the best of your ability. There are no right or wrong answers.

Instructions:

1. Read each question carefully.
2. Choose the answer that best reflects your usual behavior or way of thinking.
3. There is no time limit, so take your time and answer honestly.

Section 1: Understanding Social Cues

1. You are having coffee with a friend who seems distracted and withdrawn. What do you do?
 - a) Ask them if they are okay and if there is anything you can do to help.
 - b) Continue with the conversation as usual.
 - c) Avoid talking about personal matters.
2. You are at a party and see someone standing alone, looking uncomfortable. What do you do?
 - a) Introduce yourself and try to make them feel welcome.
 - b) Avoid making eye contact and hope they don't notice you.
 - c) Ask a mutual friend to introduce you.
3. You are in a meeting, and someone makes a sarcastic remark that you find offensive. What do you do?
 - a) Ignore it and hope it doesn't happen again.
 - b) Confront the person directly and let them know that their comment was inappropriate.
 - c) Talk to someone else about the situation later.

Section 2: Empathy and Perspective-Taking

1. You are talking to a friend who is going through a difficult time. What do you do?
 - a) Listen attentively and offer support without judgment.
 - b) Try to fix their problems and give them advice.
 - c) Avoid talking about their problems and try to cheer them up.

2. You are in a conflict with someone, and you see things from their perspective. What do you do?
- a) Try to understand their point of view and find a compromise.
 - b) Focus on defending your own position and winning the argument.
 - c) Avoid talking to the person until they calm down.
3. You are walking down the street and see someone who is homeless. What do you do?
- a) Offer them some money or food.
 - b) Avoid making eye contact and continue walking.
 - c) Judge them for their circumstances and think they should get a job.

Section 3: Communication Skills

1. You are giving a presentation at work. What do you do?
- a) Prepare your presentation carefully and practice beforehand.
 - b) Wing it and hope for the best.
 - c) Avoid giving presentations whenever possible.
2. You are having a disagreement with your partner. What do you do?
- a) Express your feelings calmly and respectfully.
 - b) Yell and scream at each other.
 - c) Avoid talking about the issue and hope it goes away.
3. You are writing an email to a potential employer. What do you do?
- a) Proofread your email carefully before sending it.
 - b) Send the email without checking for errors.
 - c) Use informal language and slang.

Section 4: Social Problem-Solving

1. You are walking down the street, and you see someone being harassed. What do you do?
- a) Intervene and try to help the person being harassed.
 - b) Ignore the situation and keep walking.
 - c) Call the police for help.
2. You are at a party, and you see someone drinking too much alcohol. What do you do?
- a) Offer to drive them home or call a taxi.
 - b) Watch and laugh as they make a fool of themselves.
 - c) Ignore the situation and hope they don't get into trouble.

3. You are in a group project, and someone is not doing their share of the work. What do you do?

- a) Talk to the person directly and let them know that you are concerned.
- b) Do all the work yourself and avoid confronting the person.
- c) Complain to the teacher or group leader about the person.

Scoring:

Once you have completed the test, you can score your results by assigning points to each answer. A score of 3 indicates strong social intelligence, a score of 2 indicates average social intelligence and a score of 1 indicates weak social intelligence.