

Sign of the Buttock Test

Patient information

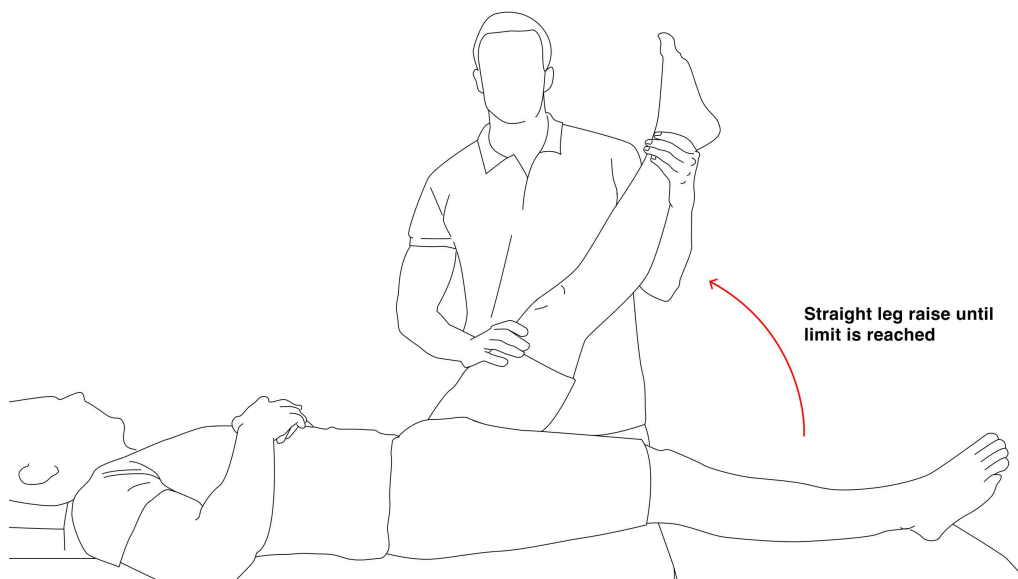
Name:

Age:

Date:

Test procedure

1. Perform a straight leg raise until you reach the limit of the patient's range of movement.
2. Observe for pain or discomfort and take note of the end-feel.



3. Once the straight leg raise is limited, flex the patient's knee.
4. Attempt to further increase hip flexion.
5. Observe for pain or discomfort, and take note of the pattern of restriction.



Test findings

Positive: Both occurs:

- Pain at the end of straight leg raise range of motion.
- You cannot further increase in hip flexion with ipsilateral knee flexion.

Negative: None of the listed signs are felt.

Additional notes

Examiner information

Name:

Contact number:

Email:

Signature:

Kesson, M., & Atkins, E. (2005). *Orthopaedic medicine*. Butterworth-Heinemann.

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