

# Sexual Narcissism Scale

Patient name: Joshua Lane

Examiner name: Dr. Rose Allison

Date: \_\_\_\_\_

The Sexual Narcissism Scale (SNS) is graded based on responses to its 20 items, which are rated on a 5-point Likert scale from 1 (strongly disagree) to 5 (strongly agree).

Statement	1	2	3	4	5
1. If I ruled the world for one day, I would have sex with anyone I choose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
2. One way to get a person in bed with me is to tell them what they want to hear.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3. When I want to have sex, I will do whatever it takes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
4. I could easily convince an unwilling person to have sex with me.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. I would be willing to trick a person to get them to have sex with me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
6. I feel I deserve sexual activity when I am in the mood for it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
7. I am entitled to sex on a regular basis.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
8. I should be permitted to have sex whenever I want it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
9. I would be irritated if a dating partner said no to sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
10. I expect sexual activity if I go out with someone on an expensive date.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
11. When I sleep with someone, I rarely know what they are thinking or feeling.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
12. It is important for me to know what my sexual partner is feeling when we make love.*	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. I enjoy sex more when I feel I really know a person.*	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. The feelings of my sexual partners don't usually concern me.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I do not usually care how my sexual partner feels after sex.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. I am an exceptional sexual partner.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
17. My sexual partners think I am fantastic in bed.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
18. I really know how to please a partner sexually.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
19. I have been very successful in my sexual relationships.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
20. Others have told me I am very sexually skilled.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Scoring

*\*Items 12 and 13 are scored in reverse.*

**Total score:** 84

## Subscales

Sexual exploitation (questions 1-5): 20

Sexual entitlement (questions 6-10): 24

Low sexual empathy (questions 11-15, with 12 and 13 in reverse): 17

Sexual skill (questions 16-20): 23

## Interpretation

Items are coded such that higher scores indicate greater sexual narcissism.

A higher score in each subscale also indicates a greater tendency for each:

- **Sexual exploitation:** A higher score here suggests a tendency to manipulate or exploit others for sexual gratification.
- **Sexual entitlement:** A higher score indicates a belief that one is entitled to sex whenever desired, without considering the other person's consent or feelings.
- **Low sexual empathy:** Higher scores here reflect a lack of concern for the partner's feelings or experiences during sexual activities.
- **Sexual skill:** A higher score in this subscale reflects the individual's belief in their own sexual prowess and skill and does not necessarily reflect their actual skill in practice.

## Additional notes

The patient's score suggests a high level of sexual narcissism, particularly in the areas of sexual exploitation and entitlement. The patient also displays low sexual empathy and a strong belief in their sexual skill.

The patient's high scores across the subscales indicate potential challenges in forming healthy sexual relationships. Further discussion and possible therapeutic intervention may be warranted.

[Arabpsychology.com](https://scales.arabpsychology.com/s/sexual-narcissism-scale/). (n.d.). *Sexual Narcissism Scale*. Psychological Scales. Retrieved August 13, 2024, from <https://scales.arabpsychology.com/s/sexual-narcissism-scale/>

Widman, L., & McNulty, J. K. (2009). Sexual narcissism and the perpetration of sexual aggression. *Archives of Sexual Behavior*, 39(4), 926–939. <https://doi.org/10.1007/s10508-008-9461-7>