

Sexual Narcissism Scale

Patient name: _____ Examiner name: _____

Date: _____

The Sexual Narcissism Scale (SNS) is graded based on responses to its 20 items, which are rated on a 5-point Likert scale from 1 (strongly disagree) to 5 (strongly agree).

| Statement | 1 | 2 | 3 | 4 | 5 |
|--|---|---|---|---|---|
| 1. If I ruled the world for one day, I would have sex with anyone I choose. | | | | | |
| 2. One way to get a person in bed with me is to tell them what they want to hear. | | | | | |
| 3. When I want to have sex, I will do whatever it takes. | | | | | |
| 4. I could easily convince an unwilling person to have sex with me. | | | | | |
| 5. I would be willing to trick a person to get them to have sex with me. | | | | | |
| 6. I feel I deserve sexual activity when I am in the mood for it. | | | | | |
| 7. I am entitled to sex on a regular basis. | | | | | |
| 8. I should be permitted to have sex whenever I want it. | | | | | |
| 9. I would be irritated if a dating partner said no to sex. | | | | | |
| 10. I expect sexual activity if I go out with someone on an expensive date. | | | | | |
| 11. When I sleep with someone, I rarely know what they are thinking or feeling. | | | | | |
| 12. It is important for me to know what my sexual partner is feeling when we make love.* | | | | | |
| 13. I enjoy sex more when I feel I really know a person.* | | | | | |
| 14. The feelings of my sexual partners don't usually concern me. | | | | | |
| 15. I do not usually care how my sexual partner feels after sex. | | | | | |
| 16. I am an exceptional sexual partner. | | | | | |
| 17. My sexual partners think I am fantastic in bed. | | | | | |
| 18. I really know how to please a partner sexually. | | | | | |
| 19. I have been very successful in my sexual relationships. | | | | | |
| 20. Others have told me I am very sexually skilled. | | | | | |

Scoring

*Items 12 and 13 are scored in reverse.

Total score: _____

Subscales

Sexual exploitation (questions 1-5): _____

Sexual entitlement (questions 6-10): _____

Low sexual empathy (questions 11-15, with 12 and 13 in reverse): _____

Sexual skill (questions 16-20): _____

Interpretation

Items are coded such that higher scores indicate greater sexual narcissism.

A higher score in each subscale also indicates a greater tendency for each:

- **Sexual exploitation:** A higher score here suggests a tendency to manipulate or exploit others for sexual gratification.
- **Sexual entitlement:** A higher score indicates a belief that one is entitled to sex whenever desired, without considering the other person's consent or feelings.
- **Low sexual empathy:** Higher scores here reflect a lack of concern for the partner's feelings or experiences during sexual activities.
- **Sexual skill:** A higher score in this subscale reflects the individual's belief in their own sexual prowess and skill and does not necessarily reflect their actual skill in practice.

Additional notes

[Arabpsychology.com](https://scales.arabpsychology.com/s/sexual-narcissism-scale/). (n.d.). *Sexual Narcissism Scale*. Psychological Scales. Retrieved August 13, 2024, from <https://scales.arabpsychology.com/s/sexual-narcissism-scale/>

Widman, L., & McNulty, J. K. (2009). Sexual narcissism and the perpetration of sexual aggression. *Archives of Sexual Behavior*, 39(4), 926–939. <https://doi.org/10.1007/s10508-008-9461-7>