

Sexual Desire Inventory

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The Sexual Desire Inventory-2 (SDI-2) is a tool for quantifying sexual desire in cognitive terms, graded based on responses to its items, which are rated on a Likert scale. The response choices and their corresponding scores will be placed under each statement.

1. During this last month, how often would you have liked to engage in sexual activity with a partner (for example, touching each other's genitals, giving or receiving oral stimulation, intercourse, etc.)?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
0	1	2	3	4	5	6	7
Not at all	Once a month	Once every two weeks	Once a week	Twice a week	3-4 times a week	Once a day	More than once a day

2. During this last month, how often have you had sexual thoughts involving a partner?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
0	1	2	3	4	5	6	7
Not at all	Once a month	Once every two weeks	Once a week	Twice a week	3-4 times a week	Once a day	More than once a day

3. When you have sexual thoughts, how strong is your desire to engage in sexual behavior with a partner?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
0	1	2	3	4	5	6	7	8
No desire								Strong desire

4. When you first see an attractive person, how strong is your sexual desire?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
0	1	2	3	4	5	6	7	8
No desire								Strong desire

5. When you spend time with an attractive person (for example, at work or school), how strong is your sexual desire?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
0	1	2	3	4	5	6	7	8
No desire								Strong desire

6. When you are in romantic situations (such as a candle-lit dinner, a walk on the beach, etc.), how strong is your sexual desire?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
0	1	2	3	4	5	6	7	8
No desire								Strong desire

7. How important is it for you to fulfill your sexual desire through activity with a partner?

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
0	1	2	3	4	5	6	7	8
Not at all important								Extremely important

8. Compared to other people of your age and sex, how would you rate your desire to behave sexually with a partner?

0 1 2 3 4 5 6 7 8

No desire Strong desire

9. During this last month, how often would you have liked to behave sexually by yourself (for example, masturbating, touching you genitals, etc.)?

0 1 2 3 4 5 6 7

Not at all Once a month Once every two weeks Once a week Twice a week 3-4 times a week Once a day More than once a day

10. How strong is your desire to engage in sexual behavior by yourself?

0 1 2 3 4 5 6 7 8

No desire Strong desire

11. How important is it for you to fulfill your desires to behave sexually by yourself?

0 1 2 3 4 5 6 7 8

Not at all important Extremely important

12. Compared to other people your age and sex, how would you rate your desire to behave sexually by yourself?

0 1 2 3 4 5 6 7 8

No desire Strong desire

13. How long could you go comfortably without having sexual activity of some kind?

0 1 2 3 4 5 6 7 8

Forever A year or two Several months A month A few weeks A week A few days One day Less than one day

Scoring and interpretation

The scores for the two dimensions of sexual desire are summed up separately:

- **Dyadic sexual desire (items 1-8):** 55

Scores will range from 0 to 62; while there is no universally established cutoff score that applies across all populations, higher scores at around 50 and upward indicate hypersexuality in the dyadic dimension.

- **Solitary sexual desire (items 9-13):** 31

Scores will range from 0 to 39; while there is no universally established cutoff score that applies across all populations, higher scores at around 31 and upward indicate hypersexuality in the solitary dimension.

Additional notes

Patient shows high levels of both dyadic and solitary sexual desire, consistent with hypersexuality across both dimensions. Further assessment may be necessary to determine whether these levels interfere with daily functioning, work performance, and/or relationships.