


Sedimentation Rate Levels Chart

Patient name:	
Date of birth:	
Sex:	
Medical diagnosis (if applicable):	
Age group	Normal erythrocyte sedimentation rate (ESR) values (determined using Westergren method and measured in millimeters per hour)
Male < 50 years old	≤ 15 mm/hr
Female < 50 years old	≤ 20 mm/hr
Male > 50 years old	≤ 20 mm/hr
Female > 50 years old	≤ 30 mm/hr
Child	≤ 10 mm/hr
Note: ESR is typically higher in females than males and increases gradually with age.	
Patient's result:	
Remarks:	
Physician:	
Physician's signature: 	
Date:	

Reference:

Tishkowski, K., & Gupta, V. (2023, April 23). Erythrocyte sedimentation rate (ESR). PubMed; StatPearls Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK557485/>