

Scratch Collapse Test (SCT)

Name: _____ Age: _____

Medical record number: _____ Date of visit: _____

Procedure

1. Positioning

The patient sits facing the examiner, arms adducted, elbows flexed to 90 degrees, and hands and wrists in a neutral position.

2. Instruction

Instruct patient to resist bilateral shoulder adduction/internal rotation applied by gently pushing both forearms.

3. Stimulus

Scratch or swipe the skin surface over the suspected nerve compression site.

4. Observation

Immediately observe for any loss of muscle resistance or arm collapse.

5. Interpretation

Note whether the test is positive or negative based on observed response.

Findings

SCT result:

- Positive:** Patient's ability to resist force is briefly reduced or collapses after scratch/swipe
- Negative:** No reduction in resistance

Affected nerve:

Specify if known

Clinical correlation:

Discuss how findings correlate with patient's symptoms and history

Notes / recommendations

Doctor's signature: _____ **Date:** _____