## **Sartorius Anatomy Diagram**

		Origin	Anterior superior iliac spine (ASIS)
	- Sartorius - Vastus intermedius	Path	Medial aspect of the tibia crossing the hip and inner knee joints
	- Vastus lateralis	Insertion point	Medial side of the proximal tibia
	- Vastus medialis - Gastrocnemius - Tibialis anterior	Role	<ul><li>Facilitating the following essential movements:</li><li>Hip and knee flexion</li><li>External rotation</li><li>Lateral rotation of the femur</li></ul>
	- Soleus	Fun fact	The sartorius muscle is also known as the "tailor's muscle" because it helps with the cross- legged position which tailors adopted before.
Additional notes			