

# Sacroiliac Compression Test

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Examiner: \_\_\_\_\_ Date: \_\_\_\_\_

## Test procedure

1. Position the patient to lie on their side.
2. Place your hands over the upper portion of the iliac crest.
3. Press downward toward the floor, exerting forward pressure on the sacrum.
4. Observe for any pain or discomfort in the sacroiliac joints, which may indicate a lesion or ligament sprain.

## Test findings

- Negative:** No pain or unrelated pain.
- Positive:** Pain or replication of the patient's symptoms.

## Additional notes

## Healthcare professional's information

Name:

License number:

Phone number:

Email address:

Name of practice: