

Sacroiliac Compression Test

Name: Oliver Grant

Age: 34

Examiner: Dr. Natalie Chen

Date: May 21, 2024

Test procedure

1. Position the patient to lie on their side.
2. Place your hands over the upper portion of the iliac crest.
3. Press downward toward the floor, exerting forward pressure on the sacrum.
4. Observe for any pain or discomfort in the sacroiliac joints, which may indicate a lesion or ligament sprain.

Test findings

- Negative:** No pain or unrelated pain.
- Positive:** Pain or replication of the patient's symptoms.

Additional notes

Patient reported sharp pain similar to her usual symptoms when pressure was applied, consistent with sacroiliac joint dysfunction.

Healthcare professional's information

Name: Dr. Natalie Chen

License number: 1234567

Phone number: 555 111 2222

Email address: dr.nchen@clinicemail.com

Name of practice: Central Clinic