## Psychiatric Review of Systems

## Patient Name:

## Date:

| Mood | Yes | No |
| :--- | :---: | :---: |
| Depressed mood: | $\square$ | $\square$ |
| Elevated mood: | $\square$ | $\square$ |
| Irritable mood: | $\square$ | $\square$ |
| Mood swings: | $\square$ | $\square$ |
| Sleep | $\square$ | $\square$ |
| Difficulty falling asleep | $\square$ | $\square$ |
| Frequent awakenings: | $\square$ | $\square$ |
| Early morning awakenings: | $\square$ | $\square$ |
|  | $\square$ | $\square$ |
| Non-restorative sleep: | $\square$ | $\square$ |


| Anxiety | Yes | No |
| :--- | :---: | :---: |
| Excessive worry: | $\square$ | $\square$ |
| Restlessness: | $\square$ | $\square$ |
| Irritability: | $\square$ | $\square$ |

Difficulty concentrating:

Physical symptoms (e.g., racing heart, sweating):

| Psychosis: | Yes | No |
| :--- | :---: | :---: |
| Hallucinations (visual, auditory, tactile): | $\square$ | $\square$ |
| Delusions: | $\square$ | $\square$ |
| Disorganized thinking: | $\square$ | $\square$ |


| Obsessions and Compulsions: | Yes | No |
| :--- | :---: | :---: |
| Obsessive thoughts: | $\square$ | $\square$ |
| Compulsive behaviors: | $\square$ | $\square$ |


| Dissociative Symptoms: | Yes | No |
| :--- | :---: | :---: |
| Detachment or numbness: | $\square$ | $\square$ |
| Out-of-body experiences: | $\square$ | $\square$ |
| Loss of memory: | $\square$ | $\square$ |

Trauma History: Yes ..... No

Exposure to traumatic events:

PTSD symptoms (e.g., flashbacks, nightmares):
$\square$

| Body Image Disturbances: | Yes | No |
| :--- | :---: | :---: |
| Preoccupation with appearance: | $\square$ | $\square$ |
| Dissatisfaction with body image: | $\square$ | $\square$ |
| Engaging in weight control behaviors (e.g., | $\square$ | $\square$ |
| excessive dieting, purging): | $\square$ | $\square$ |
| Substance Abuse: | $\square$ | $\square$ |
| Alcohol use: | $\square$ | $\square$ |
| Tobacco use: | $\square$ | $\square$ |
| Suicide plan: | $\square$ | $\square$ |
| Illicit drug use: | $\square$ | $\square$ |
| Suicidal Ideation: | $\square$ | $\square$ |
| Conoughts of suicide: | $\square$ | $\square$ |
| Memory problems: | $\square$ | $\square$ |
|  | $\square$ | $\square$ |
|  | $\square$ | $\square$ |
|  | $\square$ | $\square$ |

Additional Notes:

