

Problem Gambling Severity Index (PGSI)

Patient's full name: _____ Date assessed: _____

Instructions: Answer the following questions when thinking about your gambling behavior over the past 12 months.

	Never (0)	Sometimes (1)	Most of the time (2)	Always (3)
1. Have you bet more than you could really afford to lose?				
2. Have you needed to gamble with larger amounts of money to get the same feeling of excitement?				
3. Have you gone back on another day to try to win back the money you lost?				
4. Have you borrowed money or sold anything to gamble?				
5. Have you felt that you might have a problem with gambling?				
6. Have people criticised your betting or told you that you had a gambling problem, whether or not you thought it was true?				
7. Have you felt guilty about the way you gamble or what happens when you gamble?				
8. Has gambling caused you any health problems, including stress or anxiety?				
9. Has your gambling caused any financial problems for you or your household?				

Total score: _____

Score ranges and designations

- 0 = No risk
- 1 to 4 = Low risk gambler
- 5 to 7 = Moderate risk gambler
- 8 or higher = Problematic gambler

Notes

Assessor's full name:

Signature:

Ferris, J., & Wynne, H. (2001). *The Canadian problem gambling index: Final report*. Submitted for the Canadian Centre on Substance Abuse.
[https://www.greo.ca/Modules/EvidenceCentre/files/Ferris%20et%20al\(2001\)The_Canadian_Problem_Gambling_Index.pdf](https://www.greo.ca/Modules/EvidenceCentre/files/Ferris%20et%20al(2001)The_Canadian_Problem_Gambling_Index.pdf)

NovoPsych (2024). *Problem Gambling Severity Index (PGSI)*.
<https://novopsych.com.au/assessments/health/problem-gambling-severity-index-pgsi/>