

Printable Values Cards

Values cards are meant to help individuals in figuring out what values matter most to them. These cards are used to talk about and think deeply about what's important in their lives. They aid in understanding the self better and making decisions that match beliefs and goals. Think about these values and decide whether they are 'very important', 'important', or 'not as important'.

Achievement

Pursuing goals
with determination

Adventure

Seeking excitement
and new experiences

Authenticity

Being true to oneself
and others

Balance

Maintaining equilibrium
in life

Compassion

Showing kindness
and empathy

Creativity

Expressing original ideas
and solutions

Curiosity

Seeking knowledge and
understanding

Determination

Persevering towards
goals despite challenges

Diversity

Embracing differences
and inclusivity

Family

Valuing close relationships
and support

Freedom

Enjoying independence
and choice

Friendship

Building meaningful
connections

Generosity

Giving freely to others in
need

Gratitude

Appreciating and
expressing thankfulness

Growth

Continuously developing
and improving

Happiness

Pursuing joy
and contentment

Honesty

Being truthful and
trustworthy

Integrity

Acting with strong
moral principles

Justice

Promoting fairness
and equality

Leadership

Guiding and inspiring others

Love

Nurturing deep affection
and care

Loyalty

Being committed
and faithful

Patience

Enduring difficulties
with calmness

Resilience

Bouncing back
from adversity

Wisdom

Applying knowledge and
experience wisely

Zeal

Showing great energy or
enthusiasm in pursuit of
a cause or objective

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