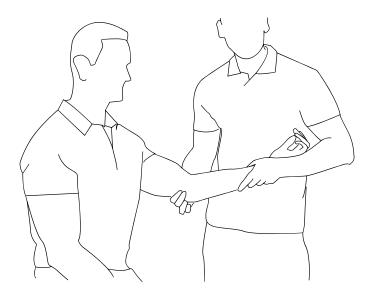
# **Pressure Provocation Test**

#### **Patient information**

Name: Marcus Davenport \_\_\_\_\_ Age: \_\_\_34 \_\_ Date: \_\_\_Aug 14, 2024

### **Test procedure**

- 1. Position the patient in a sitting position.
- 2. Flex the patient's elbow to 20 degrees and supinate the forearm.
- 3. Place your middle and index fingers on the ulnar nerve, immediately proximal to the cubital tunnel.
- 4. Apply pressure for a total of 60 seconds.
- 5. Repeat the test on the other side.



## **Test findings**

<b>✓</b>	<b>Positive:</b> Symptoms such as numbness or paresthesia in the ulnar nerve distribution are reproduced.		
	Affected sides: ✓ Left ✓ Right		
Negative: No symptoms are reproduced.			

### **Additional notes**

Marcus reported numbness and tingling in both hands after pressure was applied, indicating bilateral cubital tunnel syndrome.

### **Examiner information**

Name: Dr. Alicia Harper	Signature:
	<del>-                                    </del>
Email: a.harper.@sampleemail.com	Contact number: 555 123 4567

Dy, C. J., & Mackinnon, S. E. (2016). Ulnar neuropathy: Evaluation and management. *Current Reviews in Musculoskeletal Medicine*, *9*(2), 178–184. <a href="https://doi.org/10.1007/s12178-016-9327-x">https://doi.org/10.1007/s12178-016-9327-x</a>
Physiotutors. (2020, November 18). *Pressure provocation test I cubital tunnel syndrome*. YouTube. <a href="https://doi.org/10.1007/s12178-016-9327-x">https://doi.org/10.1007/s12178-016-9327-x</a>

www.youtube.com/watch?v=zliszS8jsnc

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