

# Posterolateral Drawer Test

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Examiner: \_\_\_\_\_ Date: \_\_\_\_\_

## Test procedure

1. The patient lies in a supine position.
2. The knee is flexed to 80 degrees.
3. The tibia is externally rotated to 15 degrees.
4. A posterolateral force is applied to the tibia.
5. Place a finger on the posterolateral aspect of the knee to assess for laxity.
6. Perform the test on the contralateral side for comparison.

## Test findings

- Negative result:** Similar backward movement as the unaffected knee.
- Positive result:** Excessive backward movement of the tibia relative to the unaffected knee.

## Additional notes

## Healthcare professional's information

Name:

License number:

Phone number:

Email:

Name of practice: