

Posterolateral Drawer Test

Name: Jack Thompson Age: 28

Examiner: Sarah Williams Date: June 24, 2024

Test procedure

1. The patient lies in a supine position.
2. The knee is flexed to 80 degrees.
3. The tibia is externally rotated to 15 degrees.
4. A posterolateral force is applied to the tibia.
5. Place a finger on the posterolateral aspect of the knee to assess for laxity.
6. Perform the test on the contralateral side for comparison.

Test findings

- Negative result:** Similar backward movement as the unaffected knee.
- Positive result:** Excessive backward movement of the tibia relative to the unaffected knee.

Additional notes

Jack reported discomfort and instability in his right knee following a soccer injury. The test indicated significant laxity in the right knee compared to the left, suggesting potential injury to the posterolateral corner structures.

Recommend further imaging (MRI) to assess the extent of the injury

Healthcare professional's information

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