

# Posterior Impingement Sign Test

## Patient information

Patient name:

Date of birth:

Date of examination:

Examiner:

## Test steps

1. The patient lies supine on the examination table with the legs fully extended.
2. Move the patient's shoulder to an abduction angle between 90 and 110 degrees.
3. Slightly extend the shoulder by 10 to 15 degrees.
4. Rotate the shoulder outward to its maximum extent.

## Results

**Positive:** Patient reports experiencing deep pain in the back of the shoulder.

**Negative:** No pain reported.

## Additional notes

## Healthcare provider's information

Examiner name:

Date:

Signature: 