

Posterior Drawer Test (Knee)

Patient information

Name:

Age:

Date:

Examiner:

Pre-test checklist

- Confirm no recent lower limb surgeries or injuries
- Confirm the patient has no recent knee surgeries or injuries
- Ensure the examination room is free of obstacles for safe patient positioning

Test procedure

1. Position the patient in a supine position with the knee to be tested flexed to approximately 90 degrees.
2. Sit on the toes of the tested extremity to help stabilize it.
3. Grasp the proximal lower leg, approximately at the tibial plateau or joint line, with the thumbs placed on the tibial tuberosity.
4. Attempt to translate the lower leg posteriorly.
5. Observe the movement to assess for a lack of end feel or excessive posterior translation.

Test findings

- Positive:** Lack of end feel or excessive posterior translation, indicating possible posterior cruciate ligament (PCL) tear
- Negative:** Normal end feel and limited posterior translation, indicating an intact PCL.

Other observations and additional notes regarding procedure:

Examiner's additional notes:

Healthcare professional's information

Name:

License number:

Phone number:

Email:

Name of practice: