

# Positive and Negative Syndrome Scale (PANSS)

Patient's name:

Date:

Please rate each item on the PANSS using the following scale.

1 - absent, 2 - minimal, 3 - mild, 4 - moderate, 5 - moderate severe, 6 - severe, 7 - extreme

|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|--|---|---|---|---|---|---|---|
| <b>P1</b> Delusions                                    |   |   |   |   |   |   |   |
| <b>P2</b> Conceptual disorganization                   |   |   |   |   |   |   |   |
| <b>P3</b> Hallucinatory behavior                       |   |   |   |   |   |   |   |
| <b>P4</b> Excitement                                   |   |   |   |   |   |   |   |
| <b>P5</b> Grandiosity                                  |   |   |   |   |   |   |   |
| <b>P6</b> Suspiciousness/persecution                   |   |   |   |   |   |   |   |
| <b>P7</b> Hostility                                    |   |   |   |   |   |   |   |
| <b>N1</b> Blunted affect                               |   |   |   |   |   |   |   |
| <b>N2</b> Emotional withdrawal                         |   |   |   |   |   |   |   |
| <b>N3</b> Poor rapport                                 |   |   |   |   |   |   |   |
| <b>N4</b> Passive/apathetic social withdrawal          |   |   |   |   |   |   |   |
| <b>N5</b> Difficulty in abstract thinking              |   |   |   |   |   |   |   |
| <b>N6</b> Lack of spontaneity and flow of conversation |   |   |   |   |   |   |   |
| <b>N7</b> Stereotyped thinking                         |   |   |   |   |   |   |   |
| <b>G1</b> Somatic concern                              |   |   |   |   |   |   |   |
| <b>G2</b> Anxiety                                      |   |   |   |   |   |   |   |
| <b>G3</b> Guilt feelings                               |   |   |   |   |   |   |   |
| <b>G4</b> Tension                                      |   |   |   |   |   |   |   |
| <b>G5</b> Mannerisms and posturing                     |   |   |   |   |   |   |   |
| <b>G6</b> Depression                                   |   |   |   |   |   |   |   |
| <b>G7</b> Motor retardation                            |   |   |   |   |   |   |   |
| <b>G8</b> Uncooperativeness                            |   |   |   |   |   |   |   |
| <b>G9</b> Unusual thought content                      |   |   |   |   |   |   |   |
| <b>G10</b> Disorientation                              |   |   |   |   |   |   |   |

|   | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|---|
| <b>G11</b> Poor attention               |   |   |   |   |   |   |   |
| <b>G12</b> Lack of judgment and insight |   |   |   |   |   |   |   |
| <b>G13</b> Disturbance of volition      |   |   |   |   |   |   |   |
| <b>G14</b> Poor impulse control         |   |   |   |   |   |   |   |
| <b>G15</b> Preoccupation                |   |   |   |   |   |   |   |
| <b>G16</b> Active social avoidance      |   |   |   |   |   |   |   |

### Scoring

Positive scale score:

Negative scale score:

General psychopathology scale score:

Total score:

### Additional notes

### Reference

Kay, S. R., Fiszbein, A., & Opler, L. A. (1987). The Positive and Negative Syndrome Scale (PANSS) for schizophrenia. *Schizophrenia Bulletin*, 13(2), 261–276. <https://doi.org/10.1093/schbul/13.2.261>