

Positive and Negative Syndrome Scale (PANSS)

Patient's name:

Date:

Please rate each item on the PANSS using the following scale.

1 - absent, 2 - minimal, 3 - mild, 4 - moderate, 5 - moderate severe, 6 - severe, 7 - extreme

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|--|---|---|---|---|---|---|---|
| P1 Delusions | | | | | | | |
| P2 Conceptual disorganization | | | | | | | |
| P3 Hallucinatory behavior | | | | | | | |
| P4 Excitement | | | | | | | |
| P5 Grandiosity | | | | | | | |
| P6 Suspiciousness/persecution | | | | | | | |
| P7 Hostility | | | | | | | |
| N1 Blunted affect | | | | | | | |
| N2 Emotional withdrawal | | | | | | | |
| N3 Poor rapport | | | | | | | |
| N4 Passive/apathetic social withdrawal | | | | | | | |
| N5 Difficulty in abstract thinking | | | | | | | |
| N6 Lack of spontaneity and flow of conversation | | | | | | | |
| N7 Stereotyped thinking | | | | | | | |
| G1 Somatic concern | | | | | | | |
| G2 Anxiety | | | | | | | |
| G3 Guilt feelings | | | | | | | |
| G4 Tension | | | | | | | |
| G5 Mannerisms and posturing | | | | | | | |
| G6 Depression | | | | | | | |
| G7 Motor retardation | | | | | | | |
| G8 Uncooperativeness | | | | | | | |
| G9 Unusual thought content | | | | | | | |
| G10 Disorientation | | | | | | | |

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|---|
| G11 Poor attention | | | | | | | |
| G12 Lack of judgment and insight | | | | | | | |
| G13 Disturbance of volition | | | | | | | |
| G14 Poor impulse control | | | | | | | |
| G15 Preoccupation | | | | | | | |
| G16 Active social avoidance | | | | | | | |

Scoring

Positive scale score:

Negative scale score:

General psychopathology scale score:

Total score:

Additional notes

Reference

Kay, S. R., Fiszbein, A., & Opler, L. A. (1987). The Positive and Negative Syndrome Scale (PANSS) for schizophrenia. *Schizophrenia Bulletin*, 13(2), 261–276. <https://doi.org/10.1093/schbul/13.2.261>