

# PERRLA Eye Exam

Patient's full name:

Date and Time Assessed:

Patient's date of birth:

Clinician's full name:

## What you need:

A chair for your patient, a dimly lit room, and a penlight

## Instructions:

- **EQUAL:** Check if the patient's pupils are equal in size or not.
- **ROUND:** Check if the patient's pupils are round or not.
- Dim the lights of the room.
- Grab your penlight.
- **REACTIVE TO LIGHT:** Shine your penlight over one of the patient's eyes and observe the pupils. Hold the light for three seconds.
- Turn off the light and check for the dilation of their pupils.
- Repeat the last two steps on the other eye.
- Grab an object.
- **ACCOMMODATION:** Slowly bring this object closer and closer to your patient's nose. Watch how their pupils react as the object gets closer and closer.

## Observations: