

PCOS Hormone Levels Chart

Patient Name: _____

Date of Birth: _____

Referring Physician's Name: _____

Date of Recent Hormone Test: _____

PCOS Hormone Levels Chart: _____

	Normal Range	Range of those with PCOS
Follicle-stimulating hormone (FSH)	4.7-21.5 IU/L	Normal range
Luteinizing Hormone (LH)	Follicular phase: 1.68-15 IU/L Mid-cycle peak: 21.9-56.6 IU/L Luteal phase: 0.61-16.3 IU/L	Persistently elevated LH levels throughout the menstrual cycle
Dehydroepiandrosterone (DHEA)	Age 18-19: 2.92 to 11.91 mmol/L Ages 20-29: 7.56 to 17.28 mmol Ages 30-39: 3.24 to 14.04 mmol/L Ages 40-49: 2.56 to 14.31 mmol/L	Increased level
Testosterone	0.5 to 2.4 nmol	Increased level
Sex Hormone-Binding Globulin (SHBG)	Age <50: 19-145 nmol/L Age >50: 14-136 nmol/L	Low levels
Estrogen (Estradiol)	Premenopausal women: 30 to 400 pg/mL	Typically normal but may be abnormal
Anti-mullerian	1.5 - 4.0 ng/ml	High Level (Over 4.0 ng/ml)

Interpretation and Summary of Patient's Results:

Additional Notes:

Sources:

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