

Oral Glucose Tolerance Test

Patient's name:				
Gender:		Date of birth:		
Weight:		Activity level:		
Blood pressure:		Pregnant?	Yes	No
Medications (please indicate dosage and when last taken):				
Examiner:		Date of test:		
Test protocol				
The World Health Organization (WHO) prescribes a glucose load containing the equivalent of 75 g of anhydrous glucose dissolved in 250-300 mL of water, taken after 8 hours of fasting, and consumed within a short period of time.				
0 minutes (fasting):				
After 1 hour (for pregnant individuals):				
After 2 hours:				
Reference ranges				
Individual	Range	Fasting	1 hour	2 hours
Nonpregnant	Normal	< 100 mg/dL (5.6 mmol/L)	Not taken	< 140 mg/dL (7.8 mmol/L)
	Prediabetes	100–125 mg/dL (5.6–6.9 mmol/L)	Not taken	140–199 mg/dL (7.8–11.0 mmol/L)
	Diabetes	≥ 126 mg/dL (7.0 mmol/L)	Not taken	≥ 200 mg/dL (11.1 mmol/L)
Pregnant	Normal	< 92 mg/dL (5.1 mmol/L)	< 180 mg/dL (10.0 mmol/L)	< 153 mg/dL (8.5 mmol/L)
	GDM	≥ 92 mg/dL (5.1 mmol/L)	≥ 180 mg/dL (10.0 mmol/L)	≥ 153 mg/dL (8.5 mmol/L)
Additional notes				

American Diabetes Association Professional Practice Committee. (2023). 2. diagnosis and classification of diabetes: Standards of care in diabetes—2024. *Diabetes Care*, 47(Supplement 1), S20–S42. <https://doi.org/10.2337/dc24-s002>