

Obsessive-Compulsive Inventory-Revised (OCI-R)

Patient name: _____ Age: _____

Examiner: _____ Date: _____

Instructions

Each item on the OCI-R is rated on a five-point scale, reflecting the frequency of symptoms experienced:

- **0:** Not at all
- **1:** A little
- **2:** Moderately
- **3:** A lot
- **4:** Extremely

Responses

	Not at all (0)	A little (1)	Moderately (2)	A lot (3)	Extremely (4)
1. I have saved up so many things that they get in the way.					
2. I check things more often than necessary.					
3. I get upset if objects are not arranged properly.					
4. I feel compelled to count while I am doing things.					
5. I find it difficult to touch an object when I know it has been touched by strangers or certain people.					
6. I find it difficult to control my own thoughts.					
7. I collect things I don't need.					
8. I repeatedly check doors, windows, drawers, etc.					
9. I get upset if others change the way I have arranged things.					

	Not at all (0)	A little (1)	Moderately (2)	A lot (3)	Extremely (4)
10. I feel I have to repeat certain numbers.					
11. I sometimes have to wash or clean myself simply because I feel contaminated.					
12. I am upset by unpleasant thoughts that come into my mind against my will.					
13. I avoid throwing things away because I am afraid I might need them later.					
14. I repeatedly check gas and water taps and light switches after turning them off.					
15. I need things to be arranged in a particular way.					
16. I feel that there are good and bad numbers.					
17. I wash my hands more often and longer than necessary.					
18. I frequently get nasty thoughts and have difficulty in getting rid of them.					
Total					

Scoring

The total score ranges from 0 to 72. The OCD-specific portion of the OCI-R consists of 15 items (numbers 2-6, 8-12, and 14-18). The total score for this component can range from 0 to 60. Higher scores on this scale suggest more intense OCD symptoms.

The OCD component of the OCI-R includes five subscales, each scored from 0 to 12. These subscales compare the respondent's scores to those of a clinically diagnosed OCD group, providing clinical percentiles (Abramovitch et al., 2020):

- **Washing (items 5, 11, 17):** Measures aversion to touching previously handled objects and excessive washing due to contamination fears.
- **Obsessing (items 6, 12, 18):** Evaluates difficulties with intrusive thoughts, including attempts to control them, distress from unpleasant thoughts, and a sense of having too many disturbing thoughts.

- **Ordering (items 3, 9, 15):** Assesses difficulties related to arranging objects.
- **Checking (items 2, 8, 14):** Measures excessive checking behaviors (e.g., doors, windows, drawers, faucets, switches).
- **Neutralizing (items 4, 10, 16):** Evaluates compulsive counting and excessive preoccupation with numbers.

The hoarding disorder subscale of the OCI-R comprises three items (1, 7, and 13). Scores on this subscale can range from 0 to 12, with higher scores indicating more severe hoarding symptoms. A score of 6 or above is considered the threshold for a probable hoarding disorder diagnosis.

Additional notes
Healthcare professional's information
Name:
License number:
Contact details:
Signature:

References

- Foa, E. B., Huppert, J. D., Leiberg, S., Langner, R., Kichic, R., Hajcak, G., & Salkovskis, P. M. (2002). The obsessive-compulsive inventory: Development and validation of a short version. *Psychological Assessment*, 14(4), 485–495. <https://doi.org/10.1037//1040-3590.14.4.485>
- Huppert, J. D., Walther, M. R., Hajcak, G., Yadin, E., Foa, E. B., Simpson, H. B., & Liebowitz, M. R. (2007). The OCI-R: validation of the subscales in a clinical sample. *Journal of Anxiety Disorders*, 21(3), 394–406. <https://doi.org/10.1016/j.janxdis.2006.05.006>
- NovoPsych. (2022, October 24). *Obsessional compulsive inventory – revised (OCI-R)*. <https://novopsych.com.au/assessments/diagnosis/obsessional-compulsive-inventory-revised-oci-r/>