



## Remarks

**Note:** Normal vital signs change depending on factors like age, sex, weight, fitness level, and general health.

Minnesota Department of Health. (2022, March 4). *Oxygen levels, pulse oximeters, and COVID-19*. <https://www.health.state.mn.us/diseases/coronavirus/pulseoximeter.html>

Mount Sinai Health System. (2023). *Vital signs information*. <https://www.mountsinai.org/health-library/special-topic/vital-signs>