Nursing Narrative Note

Patient information	
First name: Sarah	Last name: Johnson
Date of birth: 05/12/1985	Patient identifier: SJ198505
Nurse name: Emily Thompson, RN	Date/time: 09/15/2023 14:30

Narrative note

Pt. admitted for acute exacerbation of COPD. Upon assessment at 14:30, pt. alert and oriented x3. Respirations labored at 28/min, using accessory muscles. Pulse ox 92% on 2L O2 via nasal cannula. Lung sounds with diffuse wheezes bilaterally. Pt. reports dyspnea rated 7/10.

Administered 2 puffs of albuterol via MDI as ordered. Educated pt. on pursed-lip breathing technique. After 15 minutes, respirations decreased to 24/min, pulse ox improved to 95%. Pt. reports dyspnea now at 5/10.

Encouraged fluid intake; pt. consumed 200ml of water. Diet order for cardiac diet; pt. ate 50% of lunch tray. Denies nausea or other GI concerns.

Pt. expresses anxiety about hospitalization. Provided emotional support and explained treatment plan. Will continue to monitor respiratory status closely and reassess in 2 hours or PRN.

Signature: **Emily Thompson, RN**