## **Normal Vital Signs Chart**

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Age	Heart Rate (beats per minute)	Respiratory Rate (breaths per minute)	Blood Pressure (mmHg)	Body Temperature (°F)
Newborn	70-190	30-50	70-110/50-70	97-100
Infant (1-12 months)	80-130	20-30	80-110/50-70	97.5-100
Toddler (1-3 years)	80-120	20-30	90-120/60-80	97.5-99
Preschooler (4-5 years)	80-110	20-25	100-130/60-80	97.5-99
School-age child (6-12 years)	70-110	15-20	100-140/60-90	97.5-99
Adolescent (13-19 years)	60-100	12-18	110-140/60-90	97.5-99
Adult (20-64 years)	60-100	12-20	120-130/80-85	97.8-99.1
Older adult (65+)	60-100	12-20	120-160/80-95	97.8-99.1

Patient Vital Signs Record				
Name:				
Gender:	Age:	Date of Birth:		

Vital Signs Mesurement			
Date:	Time:		

Heart Rate (Pulse)	Respiratory Rate
Measurement Method:	Measurement Method:
☐ Radial	<ul><li>Observational</li></ul>
☐ Apical	☐ Direct count
Other	☐ Other
Reading (bpm):	Reading (Breaths per Minute):
Blood Pressure	<b>Body Temperature</b>
Location:	Measurement Method:
☐ Right Arm	☐ Oral
☐ Left Arm	☐ Rectal
Other:	☐ Axillary Ear
	☐ Temporal
	Other:
Desiries	
Position:  Seated	Reading:
☐ Standing	
Other:	
Systolic (mm Hg):	
Diastolic (mm Hg):	

**Comments/Remarks:**