

Normal Troponin Levels Chart

| Patient information | | |
|---|---|---|
| Name: | | |
| Gender: | | |
| Date of birth: | | |
| Date and time of assessment: | | |
| Troponin test results | | |
| Field | Result value | Remarks |
| Troponin I | | |
| Troponin T | | |
| Reference/normative values (For adult patients) | | |
| Test type | Normal range | Interpretation notes |
| Troponin I | ≤ 0.04 ng/mL or for high sensitivity (hs) assays: <ul style="list-style-type: none"> • Female: ≤ 15 ng/L • Male: ≤ 20 ng/L | Healthy adults without cardiac symptoms |
| Troponin T | ≤ 0.01 ng/mL or for high sensitivity (hs) assays: <ul style="list-style-type: none"> • Female: ≤ 10 ng/L • Male: ≤ 15 ng/L | Levels below 0.01 indicate no significant cardiac injury |
| Elevated Troponin I or T | More than 30 ng/L for Troponin T | Suggests possible heart muscle damage, myocardial infarction, or acute coronary syndrome. |

Additional notes

Healthcare professional information

Physician name:

License medical ID:

Signature:

Date of assessment:

References

American Board of Internal Medicine. (2023). *Laboratory tests reference ranges*.
<https://www.abim.org/Media/bfijryql/laboratory-reference-ranges.pdf>

North Bristol NHS Trust. (n.d.). *Troponin fact sheet for primary care*.
<https://www.nbt.nhs.uk/sites/default/files/Trop%20w%20%20header.pdf>