

Normal Troponin Levels Chart

Patient information		
Name:		
Gender:		
Date of birth:		
Date and time of assessment:		
Troponin test results		
Field	Result value	Remarks
Troponin I		
Troponin T		
Reference/normative values (For adult patients)		
Test type	Normal range	Interpretation notes
Troponin I	≤ 0.04 ng/mL or for high sensitivity (hs) assays: <ul style="list-style-type: none">• Female: ≤ 15 ng/L• Male: ≤ 20 ng/L	Healthy adults without cardiac symptoms
Troponin T	≤ 0.01 ng/mL or for high sensitivity (hs) assays: <ul style="list-style-type: none">• Female: ≤ 10 ng/L• Male: ≤ 15 ng/L	Levels below 0.01 indicate no significant cardiac injury
Elevated Troponin I or T	More than 30 ng/L for Troponin T	Suggests possible heart muscle damage, myocardial infarction, or acute coronary syndrome.

Additional notes

Healthcare professional information

Physician name:

License medical ID:

Signature:

Date of assessment:

References

American Board of Internal Medicine. (2023). *Laboratory tests reference ranges*.
<https://www.abim.org/Media/bfijryql/laboratory-reference-ranges.pdf>

North Bristol NHS Trust. (n.d.). *Troponin fact sheet for primary care*.
<https://www.nbt.nhs.uk/sites/default/files/Trop%20w%20%20header.pdf>