Muscle Strength Scale

Date:	 	
Patient's Name:		
Examiner's Name:		
Scale:		

Grade	Muscle Power/Description
0	No contraction in a muscle.
1	Small contraction upon palpation but no movement.
2	Muscle contracts but cannot move against gravity. But full range of of movement is possible when the patient's position is changed to reduce or remove gravity.
3	Muscle fully contracts and can do a full range of motion against gravity.
4	Muscle can contract and can move against some resistance.
5	Muscle is functioning normally and can contract against maximum resistance.

Scoring/Grading

Muscle Group	Grade

Additional Notes:	