

Morton's Neuroma Test

Patient information

Name:

Age:

Medical record number:

Date of examination:

Examination procedure

1. Position the patient in a long sitting position on an examination couch.
2. Grasp the medial (inner) and lateral (outer) aspects of the patient's forefoot with one hand.
3. Apply gentle pressure by squeezing these areas together.
4. Use the other hand to palpate the tender area between the third and fourth toes where the neuroma is suspected.
5. Note any pain responses or clicking sensations reported by the patient.
6. Observe the patient for signs of discomfort or pain during the squeezing and palpation maneuvers.

Findings

Pain response:

Clicking sensation (Mulder's sign):

Interpretation

- Positive:** Pain is aggravated
- Negative:** No pain

Recommendations and additional notes

Doctor in-charge:

Date: