

Modified Romberg Test

The Modified Romberg Test template provides clinicians with a structured assessment tool to identify subtle balance impairments. Here's a detailed outline to guide the evaluation process:

Patient information	
Name:	
Age:	
Date of assessment:	
Clinician:	
Initial setup	
Foot positioning:	
Right foot forward	Left foot forward
Safety support available:	
Yes	No
Test instructions	
1. Eyes open stage	
<ul style="list-style-type: none">Instruct the patient to stand in a tandem stance with their arms by their sides.Observe the patient for 30 seconds with their eyes open.Result:	
Stable	
Significant swaying	
Loss of balance	
Stepping	
2. Eyes closed stage	
<ul style="list-style-type: none">Instruct the patient to maintain the same stance while closing their eyes for 30 seconds.Observe for swaying or instability due to loss of visual input.Result:	
Stable	
Significant swaying	
Loss of balance	
Stepping	

Test observations

Swaying direction:

Forward

Backward

Side-to-side

Level of instability:

Mild

Moderate

Severe

Conclusion

Positive test

Negative test

Interpretation:

Further management

Immediate recommendations:

Follow-up plan:

Clinician's signature:

Date: