

# Modern Sexism Scale

Name: \_\_\_\_\_ Gender: \_\_\_\_\_

Date of assessment: \_\_\_\_\_ Contact information: \_\_\_\_\_

**Instructions:** For each statement, indicate your level of agreement by selecting a number on the provided scale:

- 1 = Strongly agree
- 2 = Agree
- 3 = Somewhat agree
- 4 = Neither agree nor disagree
- 5 = Somewhat disagree
- 6 = Disagree
- 7 = Strongly disagree

## Denial of continuing discrimination

1. Discrimination against women is no longer a problem in the United States.\*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

2. Women often miss out on good jobs due to sexual discrimination.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

3. It is rare to see women treated in a sexist manner on television.\*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

4. On average, people in our society treat husbands and wives equally.\*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

5. Society has reached the point where women and men have equal opportunities for achievement.\*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

## Antagonism toward women's demands

6. It is easy to understand the anger of women's groups in America.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

7. It is easy to understand why women's groups are still concerned about societal limitations of women's opportunities.

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

## Resentment about special favors for women

8. Over the past few years, the government and news media have been showing more concern about the treatment of women than is warranted by women's actual experiences.\*

<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
1	2	3	4	5	6	7
Strongly agree	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Strongly disagree

Total average score: \_\_\_\_\_

## Scoring and interpretation

Participants respond to a series of statements using a 7-point Likert scale. Items 1, 3, 4, 5, and 8 are reverse-scored. For these items, higher scores indicate lower levels of agreement with the statement. The total score can then range from 8 to 56.

Find the average of the total score. Higher scores may indicate a greater endorsement of modern sexist attitudes. This suggests that the individual may hold beliefs that deny the existence of gender discrimination or express antagonism toward women's rights and issues.

However, it is essential to interpret scores in the context of broader social attitudes and behaviors. High scores on the Modern Sexism Scale may correlate with other measures of sexism and can inform discussions about gender equality and social justice.

## Reference

Swim, J. K., Aikin, K. J., Hall, W. S., & Hunter, B. A. (1995). Sexism and racism: Old-fashioned and modern prejudices. *Journal of Personality and Social Psychology*, 68(2), 199-214. <https://doi.org/10.1037/0022-3514.68.2.199>