

# Milestones of Recovery Scale (MORS)

Client name:

Date:

Assessor:

## Instructions for use

Please evaluate the client's current stage of recovery based on the MORS. Tick the appropriate stage number and provide any additional comments or observations.

**Note:** If you have not had any contact (face-to-face or phone) with the client in the last two weeks, do not attempt to rate the client.

1. Extreme risk

2. High risk/not engaged

3. High risk/engaged

4. Poorly coping/not engaged

5. Poorly coping/engaged

6. Coping/rehabilitating

7. Early recovery

8. Advanced recovery

## Additional notes and comments

Assessor signature:

Date:

## Reference

County of San Diego Health and Human Services. (2018, May 22). *Outcome measures adult and older adult mental health services*. UCSD Health Services Research Center. [https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/TRL/TRL%20Section%202/Outcome\\_Measures\\_Manual\\_7\\_1\\_18.pdf](https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/TRL/TRL%20Section%202/Outcome_Measures_Manual_7_1_18.pdf)