

Dr. Evelyn Saunders
Primary Care Physician
Green Valley Medical Center
123 Oak Street, Springfield, IL 62704

August 8, 2024

Human Resources Department
Acme Corporation
456 Maple Avenue, Springfield, IL 62703

Dear Ms. Sarah Thompson,

Re: Medical certification/letter

I am writing to provide medical documentation in support of James Anderson's medical condition. As the attending physician at Green Valley Medical Center, I have examined James Anderson and am providing with the following information for your records.

Full name: James Anderson

Date of birth: May 12, 1985

Gender: Male

Medical record number: GVMC123456

Diagnosis
Mr. Anderson has been diagnosed with chronic lower back pain due to lumbar disc herniation, causing significant pain and discomfort and limiting his physical activities. This condition has been confirmed through imaging and clinical examination.
Functional limitations
Mr. Anderson is experiencing difficulty with prolonged standing, sitting, and heavy lifting. He also reports intermittent numbness and tingling in his lower extremities, which further limits his mobility and ability to do tasks that require physical exertion.

Treatment plan

The treatment plan includes physical therapy twice a week, pain management with prescribed medication, and regular follow-up appointments to monitor progress. Surgical intervention may be considered if there is no improvement with conservative treatment.

Anticipated duration of treatment: **6-12 months**

Functional limitations

It is recommended that Mr. Anderson be provided with ergonomic adjustments to his workstation, such as a standing desk and lumbar support. Additionally, he may require modified duties that do not involve heavy lifting or prolonged periods of sitting or standing

I trust that this information will be helpful in understanding and addressing James Anderson's medical needs. If you require any additional information or clarification, please do not hesitate to contact me at (217) 555 1234. Thank you for your attention to this matter.

Sincerely,



Dr. Evelyn Saunders
Primary Care Physician
Green Valley Medical Center
(217) 555-7890 / esaunders@gvmc.com