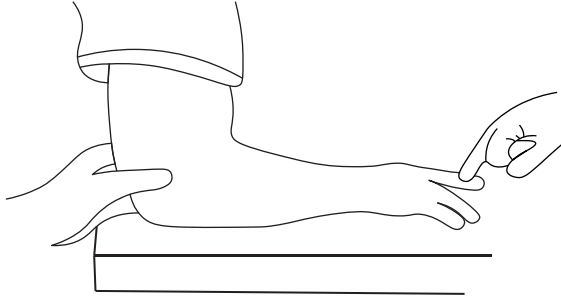



Maudsley's Test

Patient information	
Patient name:	
Age:	Gender:
Date of examination:	
Examiner information	
Examiner name:	
Facility:	Position:
Test purpose	
To assess for lateral epicondylitis (tennis elbow).	
Procedure	
<p>1. Ask the patient to sit with their affected arm resting on a table or stand with their elbow flexed. The elbow should be flexed to 90 degrees, with the forearm and wrist pronated (palm facing downward).</p>	
	
<p>2. Stand facing the patient's affected arm. Stabilize the patient's elbow with one hand.</p>	
<p>3. With the other hand, place your finger on the patient's middle finger. Your finger should be distal to the proximal interphalangeal joint of their third digit.</p>	
<p>4. Instruct the patient to extend the middle finger as you apply resistance in a downward direction</p>	
	
<p>5. Observe for any sudden pain localized at or around the lateral epicondyle of the elbow, specifically where the extensor carpi radialis brevis and the extensor digitorum communis attach.</p>	

