Mangled Extremity Severity Score (MESS)

Patient information	
Patient name: Henry Brown	
Date: June 9, 2024	
Medical record number: 123456	Age: 47
Gender: Male Female Other:	
Mechanism of injury: Motor vehicle accident	
MESS scoring	
Injury	Score
Skeletal/soft-tissue injury	
Low energy (stab; simple fracture; civilian gunshot wound)	1
Medium energy (open or multiple fractures, dislocations)	2
High energy (close range gunshot or military gunshot wound, crush injury)	3
Very high energy (above + gross contamination, soft tissue avulsion)	4
Limb ischemia	
Pulse reduced or absent but perfusion normal	1
Pulseless; paresthesias, diminished capillary refill	2
Cold; paralysis; numb/insensate	3
Double the limb ischemia score if more than 6 hours	
Shock	
Systolic blood pressure always > 90 mmHg	0
Hypotensive transiently	1
Persistent hypotension	2
Age	
Less than 30	0
30-50	1
Above 50	2
Total score	7

Decision making
Score < 7: Consider limb salvage.
Score ≥ 7: High likelihood of amputation.
Additional notes
Patient was also suffering 2 broken ribs, a punctured right lung, and multiple fractures on his right shoulder.
Physician information
Name: Dr. Jean Smith
Signature:
Date: June 9, 2024

Schechtman, D. W., Walters, T. J., & Kauvar, D. S. (2021). Utility of the Mangled Extremity Severity Score in predicting amputation in military lower extremity arterial injury. *Annals of Vascular Surgery*, *70*, 95–100. National Library of Medicine. https://doi.org/10.1016/j.avsg.2020.08.095