## **Lhermitte Sign Test**

I. Patient information	
Name:	Age:
Gender: Male Female Other:	
Date:	Medical record number:
II. Procedure	
<ol> <li>Have the patient sit up straight or stand up straight</li> <li>Ask them to flex the neck, leaning the head forward and down as far as it can go while keeping the back straight.</li> </ol>	
III. Results	
<ul> <li>Negative: No discomfort or tingling sensation.</li> <li>Positive: Patient experiences a tingling sensation or pins-and-needles going down the spine,</li> </ul>	
possibly going through the extremities, while the motion.	
IV. Additional notes	