

# Lever Sign Test

Name: Alex Ramirez

Age: 23

Date: May 20, 2024

Examiner: Dr. Sophia Turner

## Test procedure

1. Position the patient supine with both legs fully extended.
2. Insert one fist of the clinician under the proximal third of the calf of one leg.
3. Apply a downward force with the other hand over the distal third of the quadriceps of the same leg.
4. Observe for any discomfort or pain as an indication of ACL injury.

## Test findings

- Negative: The heel rises, indicating no ACL tear.
- Positive: The heel remains on the table when pressure is applied, suggesting an ACL tear

## Additional notes

Patient reported sharp pain during the application of downward force, consistent with potential ACL injury. Recommend MRI for further evaluation.

## Healthcare professional's information

Name: Dr. Sophia Turner

License number: MD12345

Phone number: 555 111 2222

Email: sturner.md@email.com

Name of practice: Central Orthopedic Center