

Impaired Urinary Elimination Nursing Diagnosis

Patient Information	
Name:	Age:
Gender:	Date:
Medical History	
1. Relevant Medical History	
2. Current Medications	
Symptoms Documentation	
1. Primary Symptoms	
2. Duration of Symptoms	

3. Severity of Symptoms

Physical Examination

1. Bladder Distention

2. Lower Abdominal Discomfort

3. Pelvic Examination (if applicable)

Diagnostic Testing

1. Urinalysis Results

2. Bladder Scan

3. Urodynamic Test Results

Identified Causes

1. Neurological Factors

2. Physical Factors

3. Environmental/Lifestyle Factors

Nursing Interventions

1. Pelvic Floor Exercises

Plan:

Frequency:

Duration:

2. Bladder Retraining

Schedule:

Techniques:

3. Fluid Intake Management

Guidelines:

4. Medication Management

Adjustments or Prescriptions: