


HIV Viral Load Chart

Patient name:	
Date of birth:	Sex:
Contact information:	
Medical diagnosis:	
Healthcare provider:	
Healthcare provider's signature: 	
Date of test:	
Reference ranges <i>(measure in copies per milliliter of blood)</i>	
above 100,000	high HIV viral load (rapid virus replication, possible disease progression)
below 10,000	lower HIV viral load (slower virus reproduction, less immune damage, but not ideal)
less than 50 or 20 or 5 copies	undetectable HIV viral load (viral suppression, cannot transmit HIV sexually, but requires ongoing ART to maintain an undetectable viral load)
Patient's viral load results:	
Remarks:	
Indicate if there is a need for a follow-up test if the viral load is high to monitor treatment effectiveness. Additional tests, such as a CD4 count to assess immune system health or resistance testing to guide treatment adjustments, may also be necessary.	