Hemoglobin Level Chart

Name: Jonathan Parker

Date: Sept. 19, 2024 **Age:** 45 **Gender:** Male

Healthcare provider's name: Dr. Amanda Stevens

Hemoglobin test results and other relevant details:

Hemoglobin level: 12.5 g/dL, mild anemia noted. Patient reports fatigue and occasional dizziness. Follow-up test scheduled.

Children	
Newborn	14-24 g/dL
0 to 2 weeks	12-20 g/dL
2 to 6 months	10-17 g/dL
6 months to 1 year	9.5-14 g/dL
1 to 6 years	9.5-14 g/dL
6 to 18 years	10-15.5 g/dL
Adults	
Male	14-18 g/dL or 8.7-11.2 mmol/L
Female	12-16 g/dL or 7.4-9.9 mmol/L
Pregnant female	>11 g/dL
Elderly	Slight decrease in values

Interpretation of results

The patient's hemoglobin is below the normal range for adult males, indicating mild anemia, which could explain his fatigue and dizziness. Monitoring and dietary adjustments recommended.

Additional notes

Patient advised to increase iron-rich foods and consider iron supplements. Follow-up in 4 weeks to reassess hemoglobin levels.